

# High School XC Mountain Bike Team

Join the Nebo Composite High School Mountain Bike team and race with 1,000 other high school students from schools across Utah in the biggest league in the country.

**Who:** Coed team, grades 9-12, any school (public, private, home schooled) in Nebo district. *No official affiliation with the schools.* All skill and experience levels—no tryouts. Adult volunteers needed (parents can ride with us)!

What: Cross-country mountain bike racing.

**When:** Registration, orientation for new riders, and limited riding begin in April (see timetable below).

Where: Train locally, race all over Utah.

# Timetable

April-June: Registration, orientation, fun/family rides July: Full training begins (weekly: 2 local weeknight rides plus carpool to a longer Saturday morning ride) August: Racing begins!

# Tentative race schedule

August 29 – Soldier Hollow, Midway September 12 – TBD Sept 26 – TBD Oct 10 – Eagle Mountain Oct 24 – St. George

### Take the next step!

Email <u>nebomtb@gmail.com</u> with your name, school, grade in 2015-16, gender, and mountain bike experience. We'll let you know about upcoming events and registration.



Utah league promo video: https://www.youtube.com/watch?v=FXSU7PJu910

### For more information:

Team FB: <u>www.facebook.com/NeboMTB</u> Utah league: <u>www.utahmtb.org</u> National league: <u>www.nationalmtb.org</u>

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